



Høgskulen
på Vestlandet

Forskning **for** og **med**
sykehjem om hvordan lykkes med
implementering av ny kunnskap

IMPAKT prosjektet



IMPAKT i sykehjem

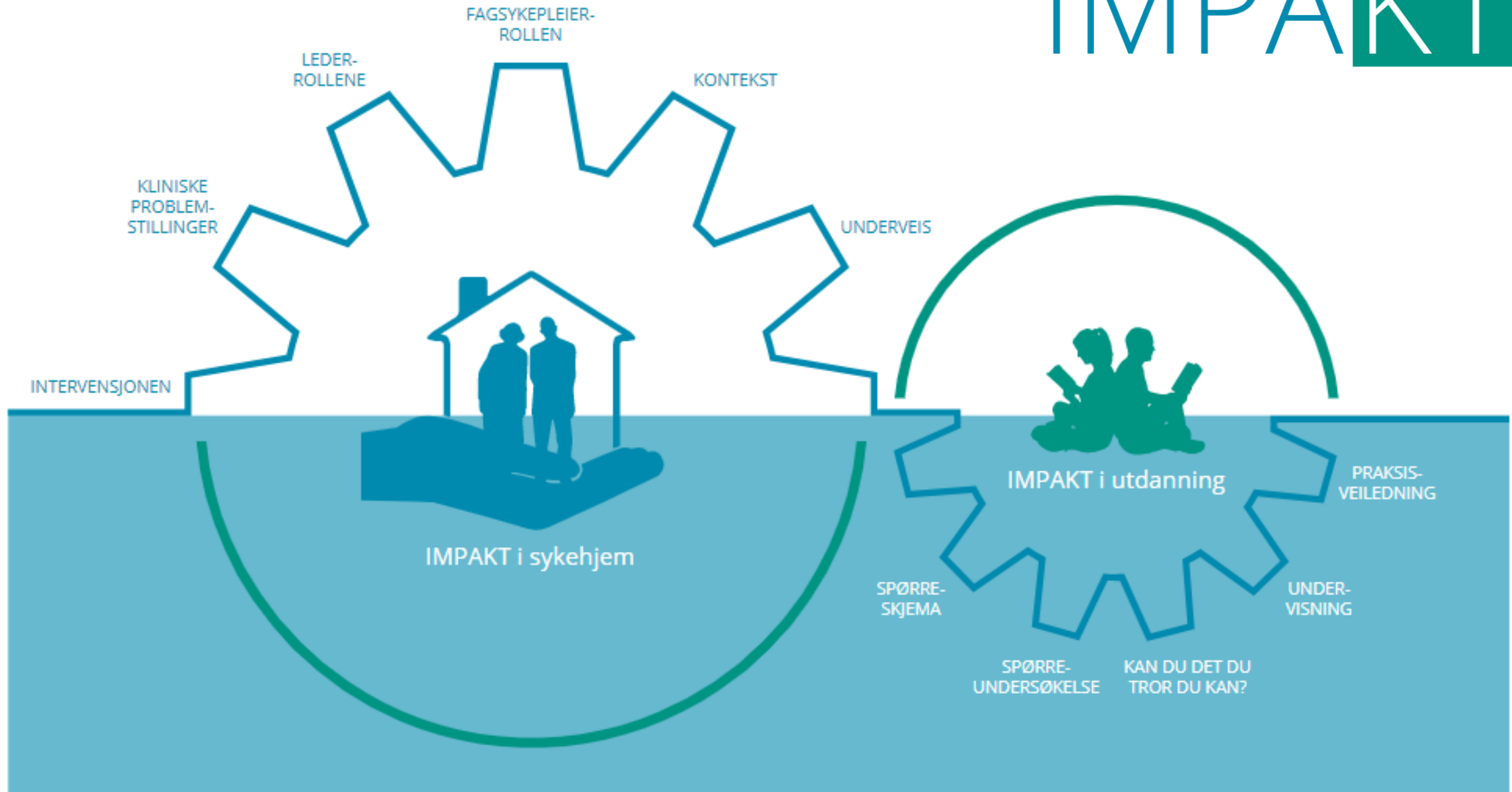


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Plan for presentasjonen

- › Utfordringen vi adresserer
 - › Metodiske rammeverk
 - › Utvikling
 - › Gjennomføring
 - › Evaluering
 - › Innsikt
- } av IMPAKT intervensjonen

Kunnskap-til-handling gap

Det vi vet



Det vi gjør

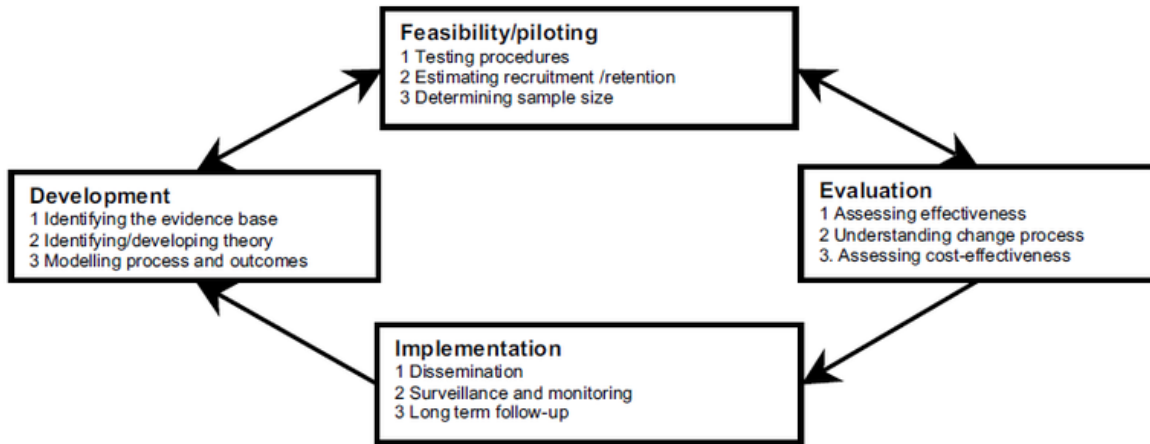
Hensikten med prosjektet

- › å jobbe **sammen** med sektoren for å **utvikle** en intervensjon og **evaluere** om den kan være **effektiv** for å redusere kunnskap-til-handling gap i sykehjem

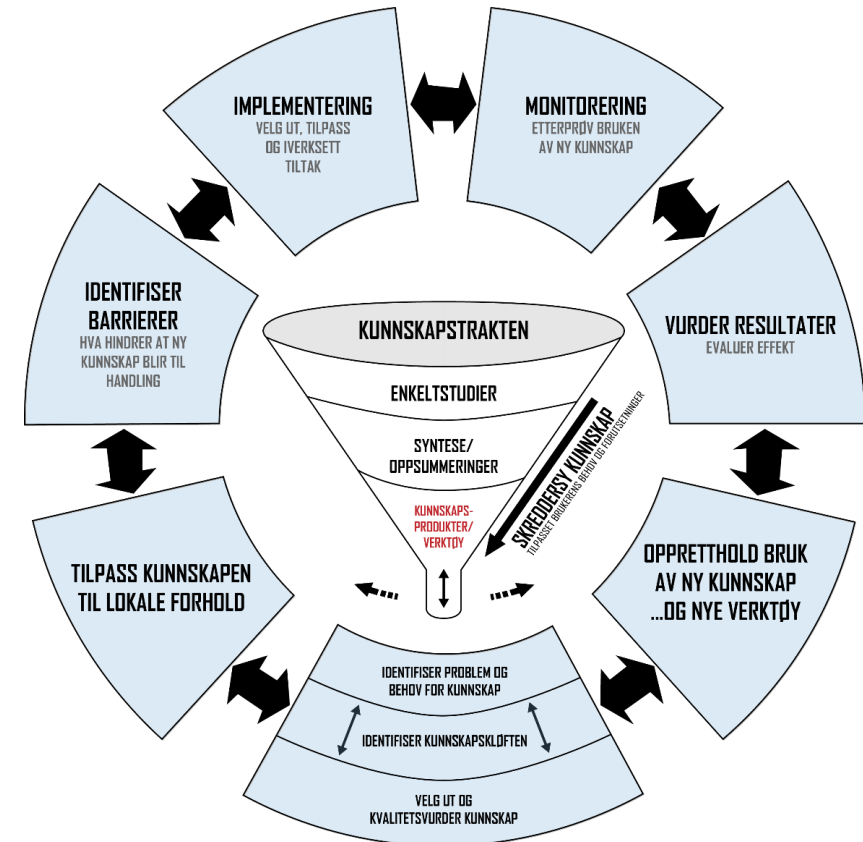


Metodiske rammeverk

> MRC framework of complex interventions



> Kunnskap-til-handling



Utvikling av intervensjonen



Utvikling av intervenssjonen

EWS utenfor sykehus



Workshop
Kliniske spørsmål

Fagsykepleiere

Alberta context survey

Fokusgrupper ledere

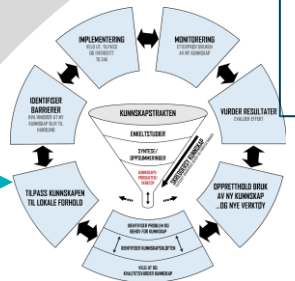
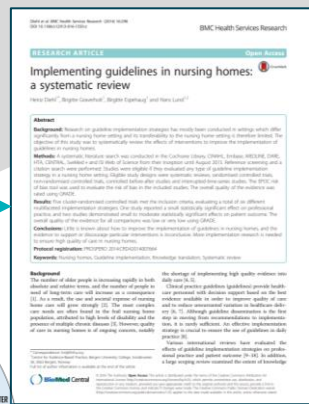
«Tre kjappe» om KBP
1. Din rolle som leder
2. Hvem andre har rolle/ansvar?
3. Hva er (lærings)behovene

Oversette ACT

Systematisk oversikt

Partnermøter

Litteraturl gjennomgang



Intervensjonen: *Kompetansetrappen i kunnskapsbasert praksis*

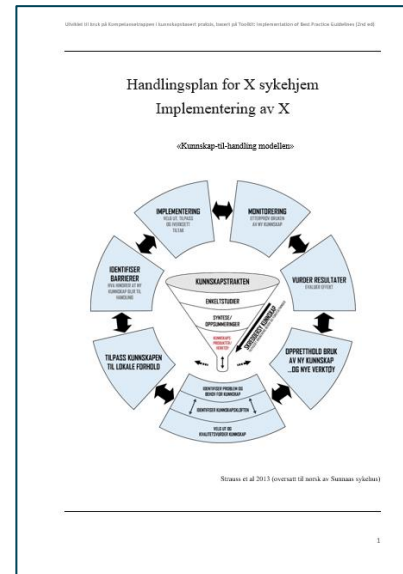


Trinn 1, to dager

Grunnleggende kompetanse i kunnskapsbasert praksis

Trinn 2, tre dager

Effektivt finne og kritisk forholde seg til oppsummert forskning

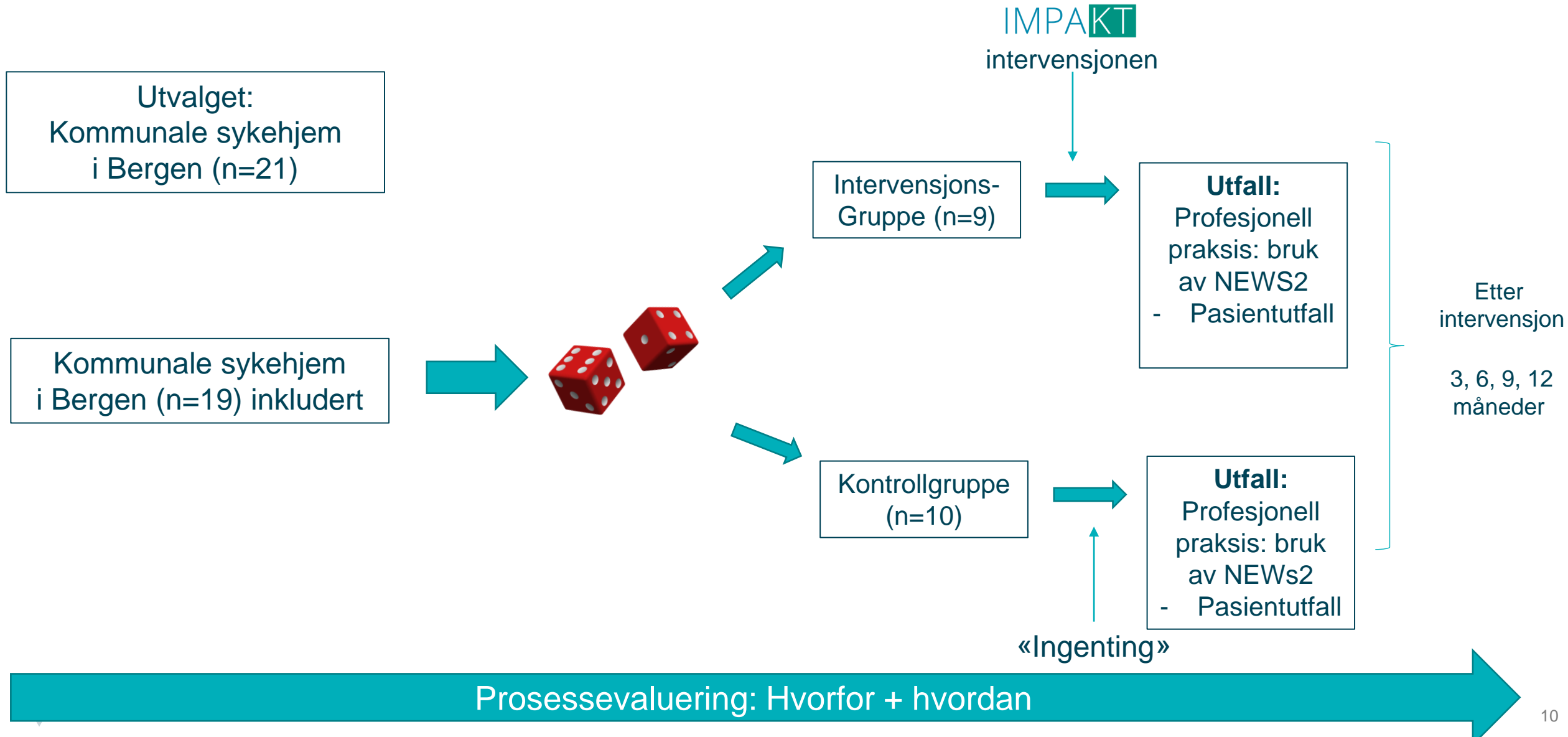


Trinn 3, to dager

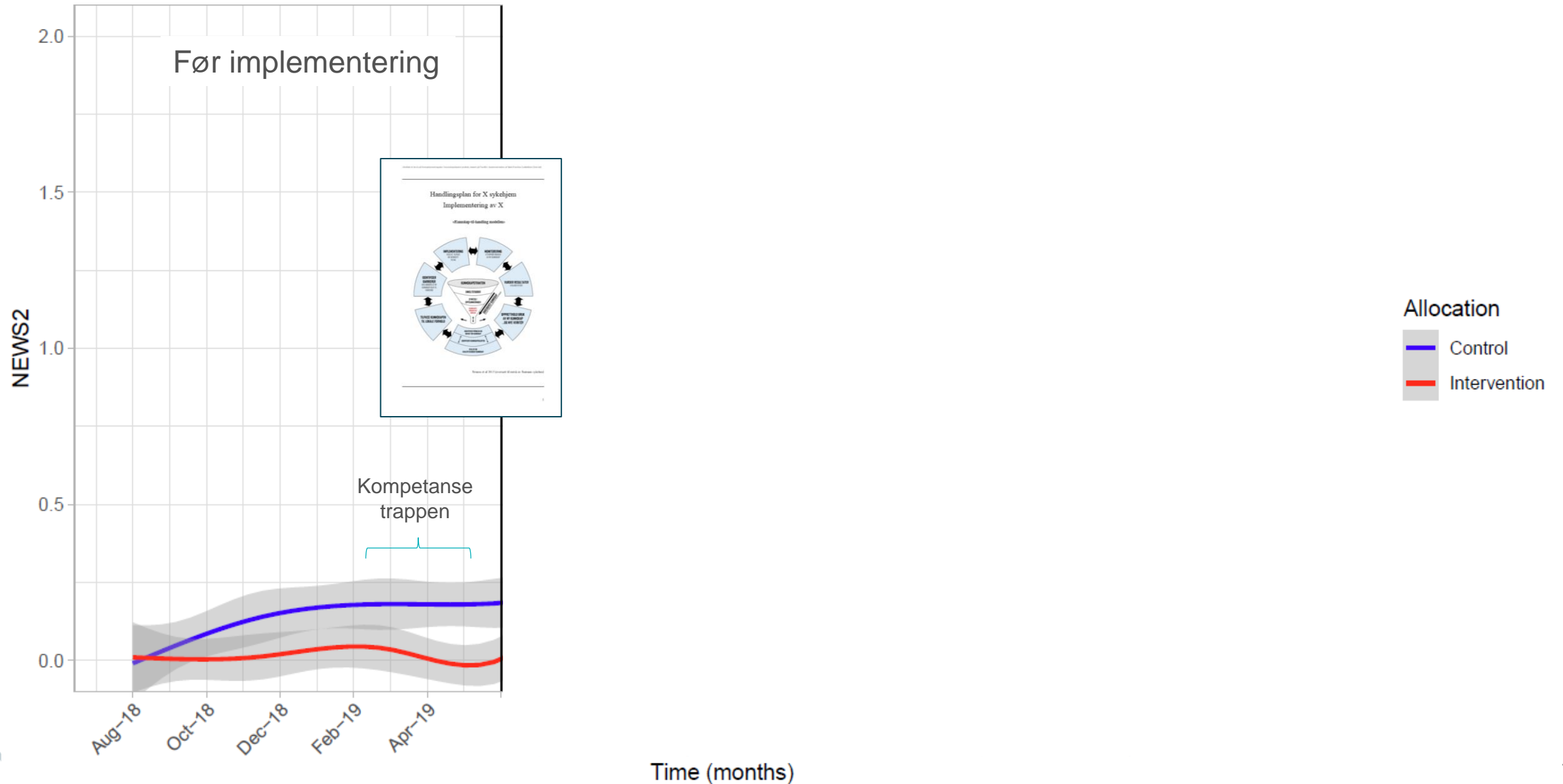
Systematisk lede implementering av ny kunnskap i praksis

Arbeidskrav:
Handlingsplan for implementering av NEWS2

Evaluering: Pragmatisk klynge RCT



Evaluering av intervensjonen



Evaluering av intervensjonen

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BMC Health Services Research

RESEARCH Open Access

Integrated knowledge translation in nursing homes: exploring the experiences of practice development nurses

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Abstract
Background: Practice Development Nurses (PDNs) in Norwegian nursing homes (NHs) hold a specific responsibility for knowledge translation in this increasingly complex healthcare setting. They were involved as end users in an integrated knowledge translation (IKT) study, developing, testing and evaluating the IMPAKT (Implementation of Action to Knowledge Translation) intervention. PDNs participated in an educational programme tailored to their own defined needs. In a second intervention component, the PDNs applied their new skills with facilitation, in implementing the National Early Warning Score (NEWS2) in their respective NHs. The aim of this study was to explore 1) the PDNs' experiences of participating in an IKT educational intervention, and 2) how they applied the learning in planning, tailoring and initial implementation of the NEWS2.
Methods: This is a qualitative exploratory study based on a phenomenological hermeneutical method. Study participants were PDNs working in the nine NHs in the intervention group of the IMPAKT trial. We conducted nine in-depth interviews and eight non-participatory observational sessions of the intervention delivery.
Results: The PDNs expressed that the educational programme met their needs and enhanced their understanding about leading knowledge translation (KT). They reported a move from operating in a "big black box of implementation" to a professional and structured mode of KT. The gamechanger was a shift from KT as the PDNs' individual responsibility to KT as an organizational matter. The PDNs reported enhanced competencies in KT and in their ability to involve and collaborate with others in their facility. Organizational contextual factors challenged their KT efforts and implementation of the NEWS2.
Conclusions: This study demonstrates that an IKT approach has the potential to advance and improve staff competencies and NH readiness for KT. However, individual motivations and competencies were challenged within an organizational culture which was less receptive to this new leadership role and level of KT activity.
Keywords: Nursing homes, Integrated knowledge translation, Evidence-based practice, Quality improvement, Practice development

Background
Worldwide, we see populations aging, with increasingly complex care needs that require skilled, high-quality nursing home (NH) care [1–3]. Internationally, evidence-based practice (EBP) is linked to improved quality of care and healthcare outcomes [4, 5], and NHs are increasingly

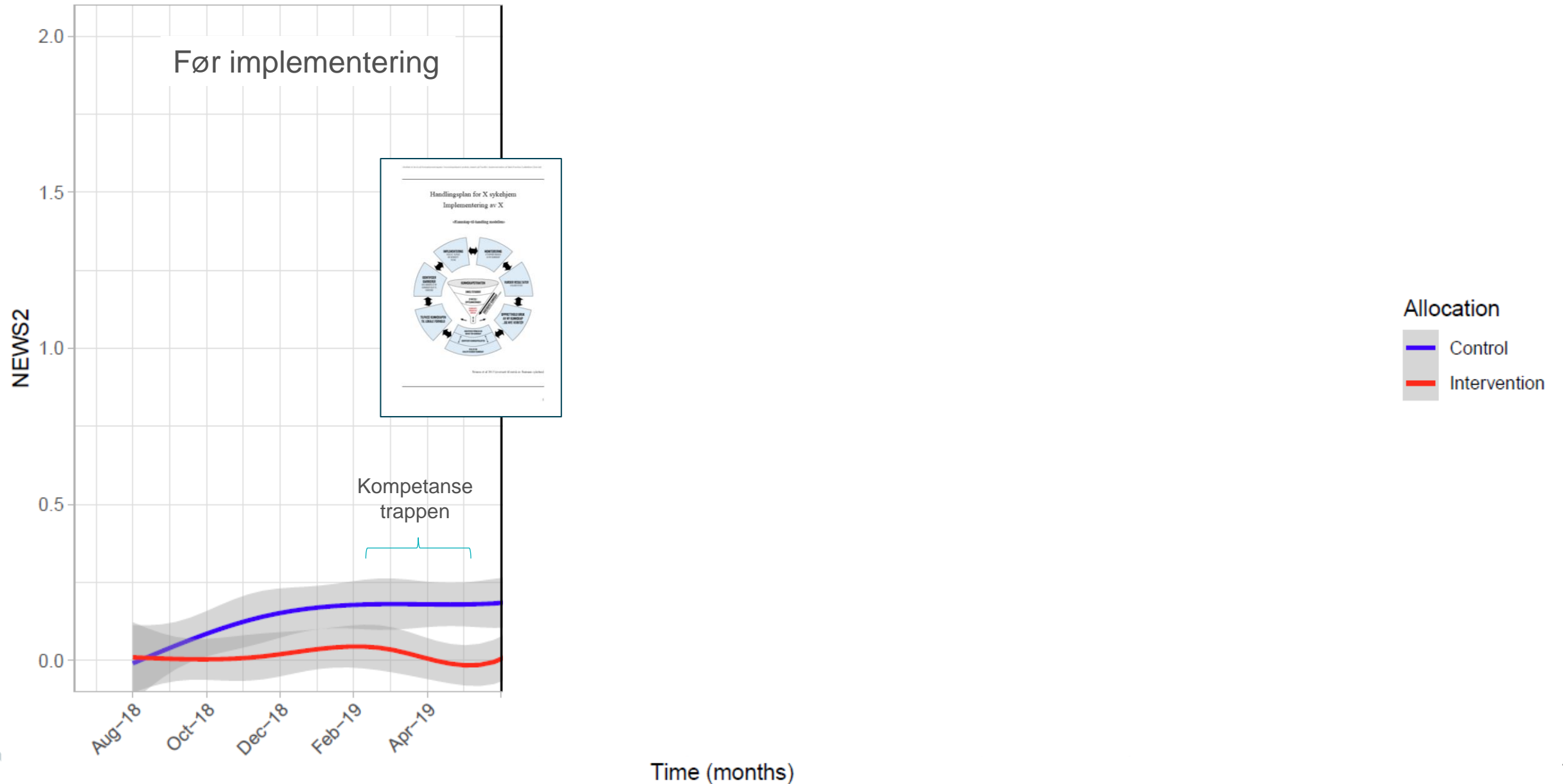
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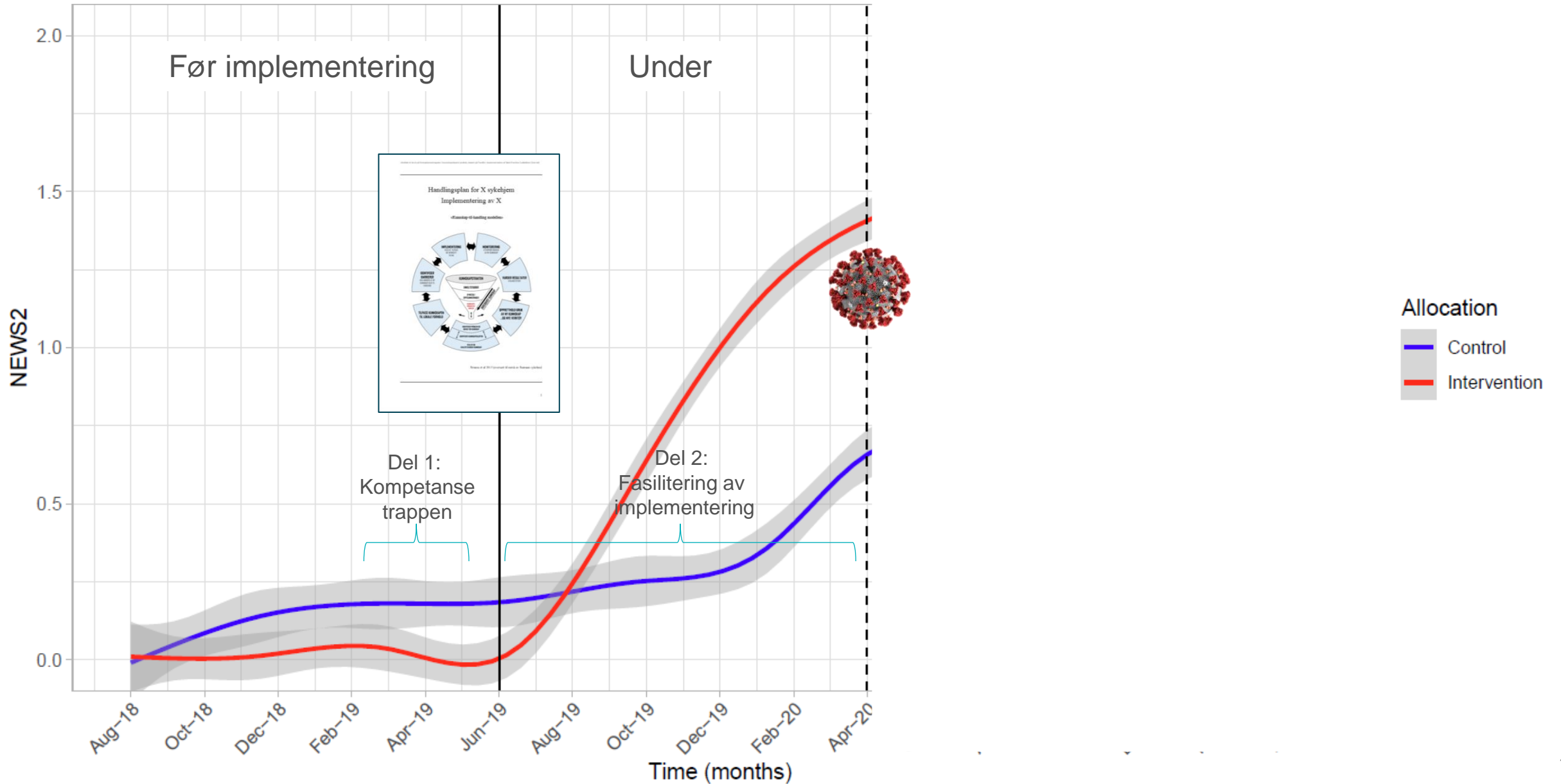
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- › Relevant
- › Fra tilfeldig til systematisk
- › Profesjonalisering av fagsykepleierrollen
- › «Game changer» fra individuelt til organisatorisk anliggende
- › Krevende når kontekstuelle forhold endrer seg til stadighet
- › Ulik lederforankring

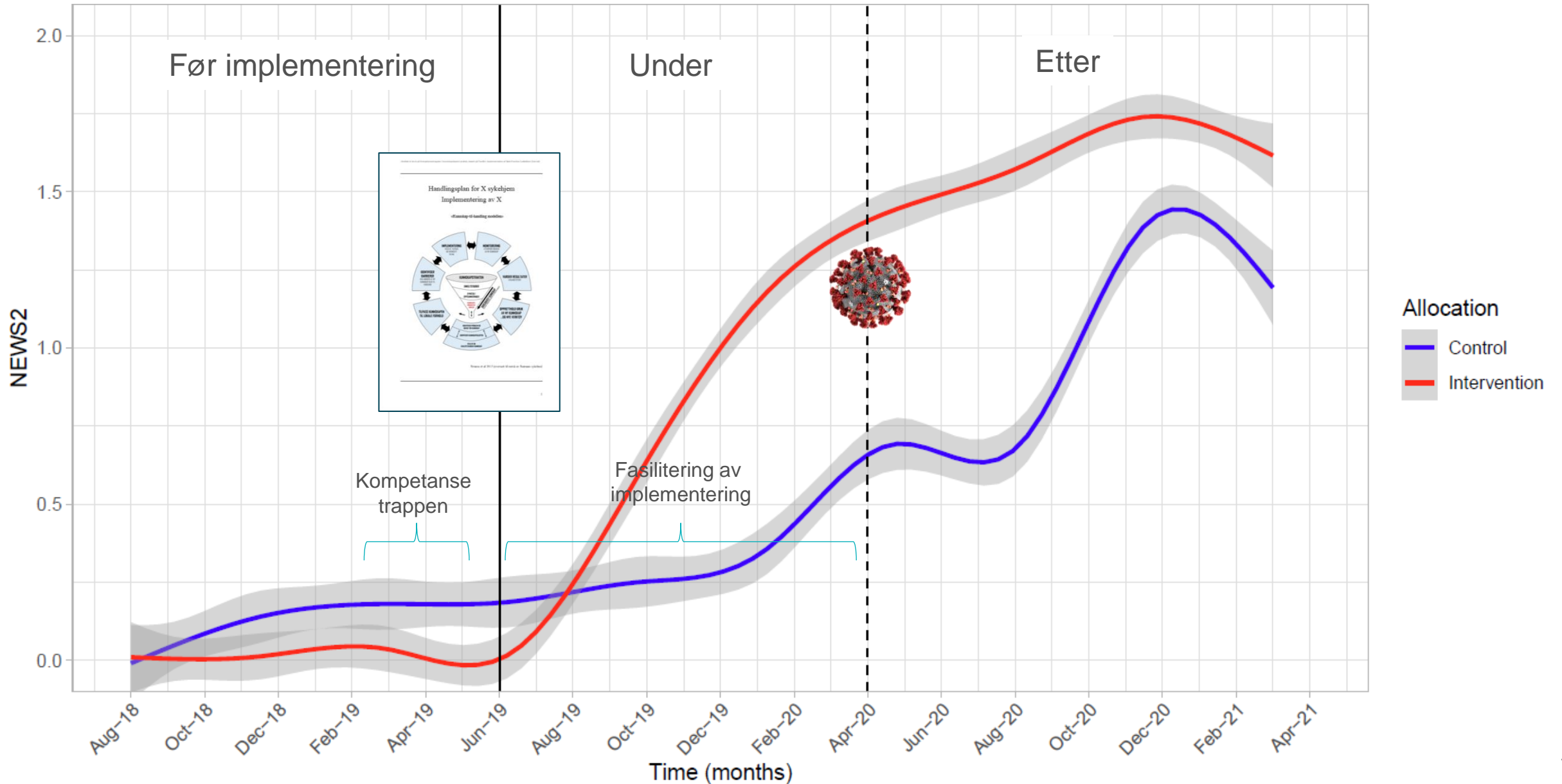
Evaluering av intervensjonen



Evaluering av intervensjonen



Evaluering av intervensjonen



Innsikt

- › For å lykkes med KBP i tjenestene kreves implementeringskompetanse
- › Systematisk implementeringsarbeid synes å være alles og ingens ansvar i tjenestene i dag
- › Tendens til å skille fagutvikling og (annen) ledelse
- › Kunnskap-til-handling modellen åpner opp «the black box of implementation»

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