

Regarding clothes at kindergarten



CLOTHES

At kindergarten, your child should wear clothes that you are not concerned about getting dirty or ruined. The clothes should be easy to put on and remove, and comfortable for the child to move in. Bergen has a lot of rain and changeable weather, and it can be difficult to dress children correctly. Children must not get cold, but they are active and do not need to wear ample layers of clothing, so they are unable to play or move. The kindergarten staff can help you choose suitable clothes for different types of weather.

Labelling clothes

To ensure that your child takes the correct clothes home, you should label all clothes with your child's name. Name labels that can be bonded to the inside of clothes can be ordered online. Clothes can also be labelled with a waterproof felt-tip pen.

What clothes does your child need at kindergarten?

Your child needs rain clothes and boots when it is raining or very wet outside. It is also a good idea to keep a set of rain clothes at the kindergarten at all times. When rain clothes are dirty, they are taken home for washing.

Children must wear indoor shoes or slippers every day. Floors can be slippery, and your child may slip if only socks are worn. The floors may also be wet, so if your child is not wearing slippers or indoor shoes, his/her feet will get wet.





Extra clothes

It is common for children to get wet or dirty when playing at kindergarten and will need to change their clothes. It is, therefore, necessary to keep extra clothes at the kindergarten, such as underwear, a pair of socks, tights, a jersey, a sweater and a pair of trousers. Check on a regular basis to see if your child needs any more extra clothes.

Summer term

When the weather becomes warmer, your child will need more light-weight clothes and shoes. In the spring and autumn, a thin hat is suitable and preferably an unlined outdoor suit. When it is very sunny, your child should bring high-factor sunscreen. In addition, a sunhat or cap is good to protect the head.



Winter term

When it is cold outside, your child will need a warm outdoor suit, under which he/she can wear a fleece or wool sweater and trousers. Otherwise, it's important to have a warm hat, wool socks, waterproof footwear, and warm mittens/gloves. Remember that mittens/gloves often get wet, so preferably have multiple pairs.

What your child should wear when sleeping outdoors in a pram or pushchair

The youngest children need a nap during the day. At some kindergartens, the children sleep outdoors in their pram or pushchair under the supervision of staff. It is a good idea to have a pram or pushchair sleeping bag, so your child will not have to wear as many clothes. Thin wool garments may often be enough even in the winter. If you have any questions about your child sleeping in a pram or pushchair, speak to the kindergarten staff.

Other

Nappies, dummies, and nappy rash cream must be kept in the kindergarten at all times for children who need them.



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