

Kubijyanye n'imyenda mw'ishuri ry'incuke



IMYENDA

Mu mashuri y'incuke, abana bakwiye kwambara imyenda, mudatinya ko yakwandura cyangwa ikangirika. Imyenda ikwiye kuba yakwiyamburwa cyangwa ikambarwa muburyo bworoshye, kandi itabagora mumyinyegamburire yabo. Muri Bergen haba imvura nyinshi hamwe nikirere gihindagurika, kuburyo byagorana kwambika umwana bikwiye. Abana ntibakwiye gukonjerwa, ariko nanone ntibakwiye kwambara imyenda myinshi kuburyo yabagora bakina cyangwa mukwinyegambura. Abakozi bo mukiburamwaka babafasha muguhitamwo imyenda ijyanye nikirere gitandukanye.

Kwandika kumyenda

Kugirango abana batibeshya ku myenda yabo mugihe barimwo gutaha, mukwiye kwandika amazina yabo kumyenda yabo yose. Uturemo umuntu yakomeka imbere yimyenda twatumizwa kuri intaneti. Umuntu ashobora kwandika kumyenda numuti wikaramu udakurwaho n'amazi.

Niyihe myenda umwana akeneye mw'ishuri ry'incuke?

hanze hatose. Biri munyungu zabana ko burigihe baba bafite umwenda winvura umeshe uhora kw'ishuri ry'incuke. Iyo imyenda yanduye, ijyanwa murugo ikameswa.

Abana bagomba kwitwaza inkweto zikoreshwa munzu buri muni. Hasi hashobora kuba hanyerera, bityo abana bashobora kunyerera mugihe bambaye amasogisi gusa. Byanashoboka ko hasi haba hatose, abana nuko bagatoha kubirenge mugihe batambaye inkweto zo munzu.





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Imyenda y'inyongera

Nibisanzwe ko abana batoha cyangwa bakiyanduza mugihe barimwo gukina mw'ishuri ry'incuke. Ubwo rero baba bakeneye guhindura imyenda. Akaba ariyo mpamvu kuba ufite imyenda yinyongera ihora mw'ishuri ry'incuke, nk'amakariso, amasogisi, udupira n'udupantaro bambara imbere yimyenda, imipira hamwe namapantaro. Ujye ucishamwo wibuke kureba ko umwana afite imyenda ikenewe yinyongera.

Mugihe kizuba(lcyi)

Mugihe haba hashyushye, abana baba bakeneye imyenda nikweto byoroheje. Mu mpeshyi nomugihe kisarura(mukwa 9,10,11), nibyiza gukoresha ingofero yimbeho yoroheje, hamwe nigisurubeti cyagenewe ubukonje. Mugihe hari izuba ryinshi hanze, abana baba bakeneye kwitwaza amavuta yagenewe kurinda umuntu izuba. Ikindi nuko aribyiza kwambara ingofero kugirango ikurinde izuba.



Mugihe k'imbeho

Mugihe haba hakonje, abana baba bakeneye igisurubeti cyagenewe ubukonje. Imbere yacyo bambara mwo umupira n'ipantaro byagenewe imbeho cyangwa ikoti ry'imbeho. Naho ubundi ningenzi ko baba bafite ingofero zubukonje zituma bashyuhirwa, amasogisi yagenewe ubukonje, inkweto zishushye kandi zitacibwamo amazi, hamwe naza ga zintoki zizana ubushyuhe. Wibuke ko zaga zintoki zubukonje zitota, nibyiza ko baba bafite imiguru nkingahe yoguhinduranya.

Imyambarire mugihe umwana aryamye hanze mukagare

Abana batoya bakenera kuruhuka kumunsi. Mumashuri y'incuke amwe namwe, abana baryama hanze mutugare twabana, aho baba bacunzwe n'abakozi bo mw'ishuri ry'incuke. Nibyiza kuba ufite umufuka wagenewe gukoreshwa mutugare twabana kugirango ntibibe ngombwa ko abana bagomba kwambara imyenda myinshi. Mu mufuka wagenewe mugukoreshwa mutugare birashoboka ko byaba bihagije kwambara imyenda yoroheje yagenewe ubukonje. Vugana nabakozi mw'ishuri ry'incuke niba haricyo wibaza kubijyanye no kuryama mu kagare k'abana.

Ibindi

Abana bakoresha pampferisi(ipamba,ibyahi), akantu bonka ko kubarangaza cyangwa amavuta yokwisiga, ibi ningobwa ko uba ubifite biri mw'ishuri ry'incuke.



BERGEN
KOMMUNE