

Kubijyanye nibiryo hamwe n'igihe bafungurira mw'ishuri ry'incuke



ISHURI RY'INCUKE RIZAJYA;

- Rikora ibishoboka byose kugirango haboneke indyo zuzuye buri muni – byaba ari ibiryo bizaniye cyangwa bitekewe kw'ishuri ry'incuke
- Rikora ibishoboka byose kugirango amafunguro no guteka ibiryo bifashe mukwishimira ifunguro, mukugira uruhare, mubiganiro no kwisanga mubana.
- Ritanga ibiryo bifite uburyohe butandukanye
- Ritanga amazi cyangwa amata arimwo amavuta make cyangwa arimwo amavuta make cyane ayo abana banywa barimo gufungura
- Riharanira ko abana banywa amazi mugihe bagize inyonta hagati yamafunguro
- Ryirinda ibiryo nibyo kunywa biba byongewemwo isukari
- Riharanira gukaraba intoki neza cyane mugihe cyamafunguro





AMAFUNGURO

Mw'ishuri ry'incuke, abana barya ifunguro rya mugitondo, ibiryo bya sasita bakanarya imbuto.

Ifunguro rya mugitondo

Abana baza kare mugitondo mw'ishuri ry'incuke bashobora kurya ifunguro rya mugitondo mugiyeye ababyeyi babo babyifuza. Mumashuri y'incuke menshi abana bizanira impamba barya mugitondo. Impamba ikwiye kuba igizwe nindyo yuzuye kandi ihagisha, byaba nabyiza bakitwaza imbuto zikataguye muduce duto. Irinde ibiryo bifite isukari nyinshi. Abana bahabwa amata cyangwa amazi kw'ifunguro ryamugitondo.

Ifunguro rya sasita

Mumashuri y'incuke menshi ifunguro rya sasita ririhwa namwe mumamafaranga ababyeyi batanga buri kwezi. Ayandi mashuri y'incuke abafite uko yabitenganyije. Ibi uzabihabwaho amakuru kuva kw'ishuri ry'incuke ryawe. Ishuri ry'incuke rigabura ibiryo bitetse cyangwa bikonje. Ifunguro rya sasita rikonje riba rikubiyemwo imigati nibindi bashyira kumigati, kuburyo abana aribo bigaburira babifashijwemo nabakuru. Amafunguro atetse aba ari nk'isupu nibindi biryo bitandukanye bitetse. Abana bahabwa amata cyangwa amazi mugihe barimwo gufata aya mafunguro.

Ifunguro ry'imbutu

Amashuri y'incuke menshi agira ifunguro ry'imbutu buri muni. Mubusanzwe buri mwana abayitwaje urubuto. Noneho imbuto zose bakazikata muduce duto, kugirango barye kuri zose. Abana bamwe, ubu ninabwo barya impamba baba bashigaje cyangwa yawuruti(yogati). Muri uku gufungura, abana banywa amazi.

Ibiryo byo kwitwaza bagiye kugenda hanze

Kugenda hanze nibimwe mubyo ishuri ry'incuke ritanga. Mubusanzwe abana bagomba kwizanira impamba iyo baribujye hanze kugenda. Nibyiza ko impamba wateganyije idakeneye gushyushywa cyangwa gutegurwa muburyo budasanzwe. Imigati nibyo basigaho/bashyiraho nibyo byiza wahitamwo. Wanakwitwaza imboga zikase cyangwa imbuto nkinyongera. Abakozi babagira inama kubijyanye nibiryo umuntu yitwaza iyo agiye hanze kugenda.

Ibindi

Mugomba kubwira abakozi(abarezi) niba hari ibyo abana banyu batarya. Byaba bishingiye kw'idini, umuco cyangwa kubera impamvu z'ubuzima.



BERGEN
KOMMUNE